



## Climbing Skills Certificate

Team Name: \_\_\_\_\_ Team Number: \_\_\_\_\_

Team Captain: \_\_\_\_\_ 1<sup>st</sup> Teammate: \_\_\_\_\_

2<sup>nd</sup> Teammate: \_\_\_\_\_ 3<sup>rd</sup> Teammate: \_\_\_\_\_

### Skills – Technique

A certified/accredited climbing instructor should certify that the following; (applicable for all team members):

Knowledge, familiarization, and terminology: Carabineers-screw locking, auto locking, rappelling devices-ATC/figure 8, basic knots, back up, figure 8, prussic, rappelling with gear, harness fit and adjustment.

Demonstration & competency on the rock (or climbing gym on a height of no less than 30’): Proper sequence and safety measures (double back, lock carabineers, pack attachment, communication).

Rappelling; proper setup/backup, control of descent (double rope/single rope), considerations when rappelling with a pack, communication.

Safety Measures: comfortable and knowledgeable with all equipment (testing with equipment using in race/event), aware of alternatives to ascending/rappelling. Announcing movement/replying, belaying proper positioning, fireman belay.

- All competitors must use modern commercial harnesses and equipment, and they must be in excellent working order.
- All competitors must wear an approved rock climbing or mountaineering helmet for rope skills sections. Cycle and kayaking helmets or other types will not be allowed.
- Abseiling will be done with a back up prussic or mechanical prussic. Ascenders will not be allowed for abseiling. There will be no abseiling done without a back prussic
- The rope skills section on the course will be open 24 hours. Therefore skills need to be perfect under all conditions. Be sure that you practice with a pack.
- EBVI expects races to be accountable for their own expertise and the ability to make safe decisions under duress.
- Teams that show a correct system at race registration and then a different one at the rope skills section may incur a large time penalty, or disqualification.
- The athlete being tested must use the gear he/she will be racing with in the EBVI. Please list gear that the athlete used during test on the back of this form.

Instructor/Agent Name	Name of Business	AMGA Certification or equivalent # if applicable	Date
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Address/State/Zip	Phone Number
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Location skills performed: \_\_\_\_\_

Instructor/Agent has witnessed the follow individuals perform the required skills listed above:

\_\_\_\_\_  
Signature

### Certifies that:

Mr./Ms \_\_\_\_\_ has the skills and experience levels required.

Mr./Ms \_\_\_\_\_ has the skills and experience levels required.

Mr./Ms \_\_\_\_\_ has the skills and experience levels required.

Mr./Ms \_\_\_\_\_ has the skills and experience levels required.

This completed certification form must be mailed in before November 20, 2001.